



SUPPINGE SILACIES

A SELECTION OF NIBBLES, SMALL PLATES AND SHARING FOOD TO SNACK ON WHILE ENJOYING A BEER, GIN, WINE OR COCKTAIL OR AS PART OF YOUR MEAI

BREADS 'N' STUFF

BREAD TIN & DRIZZLES(V, N).....£4.95

a selection of warm breads served with balsamic. extra virgin rape seed oil. peri peri and a spiced nut mix. add garlic butter for 95p.

SO! GARLIC(v).....£5.50

melted garlic butter with a bucket of bread to tear, dip & suck on.

MINI POPPADOMS(v)......£4.25

mini poppadoms served with masala ketchup (j) and mint yoghurt.

BREADS & HUMMUS(V, N).....£4.75

hummus drizzled with oil and dukkah. served with warm flat bread and tortilla. add a shot of peri peri (j) or pesto to drizzle on for 75p.

SHARE EM

and spring onions. served with a selection of breads to dunk with.

WE COULDN'T DECIDE SHARER.....£17.95

peri wings. slow cooked ribs. sticky bangers. onion rings. nachos. mexican mushroom dippers. fries. spicy ketchup and garlic mayo dips. + half portion of wings £3.75. + half rack of ribs £6.95.

THE TAPAS PLANK.....£12.50

a trio of tapas to share – hummus bil awarma (with spiced meat), buttermilk chicken bites with caesar dip and a toasted sloppy gonzalas quesadilla.

THE TAPAS VEGGIE PLANK(v, N)......£12.50

a trio of tapas to share - hummus ile feslegen (with pesto). toasted roast veg and feta quesadilla and mexican mushroom bites with masala ketchup.



HACHOS

NACHOS...£7.25 (v*), MUCHAS NACHOS £9.50 (v*) tortilla chips topped with melted cheese. salsa. guacamole & soured cream. finished with sliced red onions and jalapenos

ADD A TOPPING: CHILLI BEEF $+\pounds2.95$, PULLED PORK $+\pounds3.95$, CHICKEN $+\pounds2.95$, SPICED CHICKPEAS(V) $+\pounds1.75$

SMALL PLATES

FALAFEL & HUMMUS(V, N).....£4.95

homemade falafel with hummus. pickled beetroot. dukkah and pitta. **£5.75**

baby sausages in a sweet. spicy and sticky sauce. served with bread.

POSH CHEESE AND TOMATO TOASTS(v)......£5.25

posh four cheese toasts topped with skewers of grilled balsamic cherry tomatoes.

SPICED SKEWERS()......£5.95

pork and beef skewers with a fresh pickled slaw, tortilla and chilli jam.

MASALA PRAWNS().....£6.95

large prawns in a creamy masala sauce with flat bread and poppadoms.

LOADED FRIES

YORKSHIRE NACHOS.....£6.95

homemade chips topped with cheese. gravy and pulled beef.

CHIPS AND DIPS(v).....£4.25

trashy fries with garlic mayo and chilli jam. switch to sweet potato fries \pm £1.00.

POSH CHIPS & CURRY SAUCE(V, j).....£4.95

homemade chips with a portion of our homemade masala sauce.

COWBOY FRIES.....£4.25

fries, grilled cheese, bacon and BBQ sauce, switch to sweet potato fries for £1.00.



1. FIRST CHOOSE HOW MANY half kilo.....£7.50. kilo.....£12.95

II. NOW ADD A LICKIN LIQUOUR

classic so! peri butter(i). BBQ. hot & sticky(ii). korean BBQ(i), or garlic butter





all our sarnies are served with fries & slaw and in ciabatta bread unless otherwise stated

CAJUN CHICKEN MELT£7.25 cajun spiced chicken with melted cheese. roast tomato & mayo.
CHICKEN CAESAR CLUB£8.95
sliced lemon and soy chicken breast and smoky bacon topped with cheese. caesar dressing and lettuce.
CUBAN TOASTIE£7.75
shredded ham topped with melted cheese. dill pickle. red onion. tomato and a peri mayonnaise, stuffed in a toasted wrap. SPICED CHICKPEA SHAWRAMA(v)£7.25
spiced roast chickpeas. pickled onion. leaf. hummus. roast
tomato and a garlic. herb and tahini dressing.
pulled pork in a rich jack daniels bbq sauce. topped with slaw.



GO SKINNY IF YOU MUST:

replace your fries with a side salad on any sarnie for + £1

SWEET POTATO FRIES? +£1.00

THE BACON SWISS(N).....£8.75

roast pepper. tomato. pesto. crisp smoky bacon and melted swiss cheese.

THE PO BOY.....£9.95

cajun crumb king prawns. crisp leaves. garlic butter and a spicy mayonnaise.

DUNKIN BEEF WRAP.....£9.95

a yorkshire pudding wrap filled with pulled beef. mustard mayo. leaf and tomato. with homemade chips and gravy.

MEXICAN WRAP(**).....£8.95

a wrap stuffed with cheese. salsa. guacamole. soured cream & iceberg. plus your choice of chicken or mushroom (v) in our classic "stinking mexican" crumb.

PESTO STEAK.....£9.95

rump steak in soft ciabatta bread with leaf and fresh pesto.

THE SIGNATURE SARNIE THE FRANCESHINA.....£12.95

this months signature sarnie is portuguese comfort food at its best. grilled rump steak. smoky chorizo and home baked ham inside sourdough. Then topped with a 4 cheese and beer sauce. served with a side of peri peri sauce and homemade chips.



JUST A LITTLE BIT MO

in association with



knaresborough we have developed a selection of dishes that are a little more healthy, show us your membership card and get a 25% discount on these dishes before 5pm Monday to Friday.

SMOKED HADDOCK KEDGEREE

462 calories. flaked smoked haddock tossed through spiced brown rice with vegetables and coriander, topped with a poached egg and garlic and mint yoghurt.

MISO NOODLES(V. N)

438 calories. f895 purple sprouting broccoli and toasted peanut stir fry with soy and ginger served on miso and fresh herb rice noodles.

GUJARATI POTATO AND COCONUT ROTI(v*.n)

a warm roti bread topped with spiced potato, coconut, cabbage and kale, dressed with fresh mint and lemon dressing. finished with your choice of marinated chicken or spiced roast mushroom(v)

ROAST HAKE WITH PURPLE SALAD

395 calories.. £13.95

hake fillet roast with herbs and garlic and served on a dressed purple salad of beets, cucumber, purple broccoli, spiced seeds and herbs



CHOOSE ANY BOWL & TOPPING FOR £9.50 TIE: TOPPINGS

lemon & soy chicken, falafel (v) or mex crumb mushroom (v).

exchange your topping for prawn lollipops for £1.95

BUZZIN CHICKPEA, FETA AND HERB SALAD(v*)

roast chickpea tossed with a mix of fresh herbs. spring onion. feta and pickled red onion. we absolutely love this salad its scrummy.

KICKIN ASIAN NOODLE SALAD(v*,N,j)

rice noodles, cucumber, red pepper, carrot, spring onion, mint, corriander. sliced mangetout. leaf. chilli and peanuts. served with a miso dressing.

PURPLE MONSTER SALAD(V*,N)

lashings of great super foods quinoa, pickled beetroot, carrot, brown rice. edamame. spinach and a spiced nut blend. served with a tahini dressing.

HIS SEASONS SALAD

MARKET GARDEN SALAD(v*. N).....£9.50

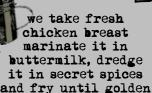
as the days get warmer we thought we would create a salad to celebrate some reat british flavours at this time of the year. asparagus. cucumber. mixed leaf. mint. parsley, cherry toms, peas, pine nuts and pickled red onion in a pesto dressing



yes of course there IS A SECRET BLEND OF HERBS AND SPICES ISN'T THERE ALWAYS

Served with fries, slaw & Cajun Butter Sweet Corn







masala ketchup // peri peri //
hot & sticky // korean //
SO! BBQ Sauce // garlic butter

three of our wings served on the side with a promise not to tell your partner

BUTTERMILA

Why not add a hand full of our buttermilk fried balls to your chicken- 5 £2.95, 10 £4.95

Even better toss them in a sauce for an extra 75p

ALL OUR BURGERS ARE MADE WITH 6 OZ'S OF PRIME 100% BRITISH BEEF AND SERVED WITH FRIES AND SLAW. UNLESS WE SAY SO.

MOO ONES

HUMDRUM.....£7.95

yawn yawn, if you want it plain this is it, iceberg, tomato, onion and nothing else.

SYMPATHY WITH THE DEVIL.

a chorizo spiced, pork and beef burger, cheese, chillijam, jalapeno, chillies, grilled chorizo, soured cream, tomato, onion and iceberg, served with our peri peri on the side, add a portion of our chilli beef inside for £1.50.

THE BIG EASY(1).....£10.95

cajun spice. blue cheese. bacon. new york glaze. jalapeno. onion rings. parmesan dressing. iceberg. tomato and red onion.

MORNING GLORY.....£11.95

a breakfast on top of a burger. what more do you want? smoked bacon. mushroom. baby bangers. fried egg and onion rings. with beans on the side.

REBEL YELL....£11.50

smoky bacon, pulled pork, cheddar, iceberg, tomato and our BBQ sauce, served with a cajun sweet corn lollipop on the side.

THE POSH ONE.....£10.50

four cheeses, roast tomato and pepper, pesto, iceberg and parmesan mayo.

THE LOST BOY.....£11.50

beef burger stuffed with swiss cheese and garlic butter, topped with garlic mushroom, bacon, more swiss cheese, tomato, onion, iceberg and garlic mayo,

THE PHILLY BURGER.....£10.95

beef burger topped with our pulled beef. fried onions. mushrooms and pepper. melted swiss and cheddar cheese, onion rings and a whole grain mustard mayo.

THE PIGGY BACK BURGER.....£13.50

beef burger topped with smoked bacon and ham. grilled pineapple. pickled beetroot. swiss and cheddar cheese, spicy hawaiin bbq sauce and our burger sauce, then we piggy back a pulled pork mini burger on top for good measure.



IF YOU DONT FANCY THE CARBS TODAY WHY NOT HAVE YOUR BURGER IN CRISPY ICEBERG INSTEAD OF A BURGER BUN. GO THE WHOLE HOG AND EXCHANGE YOUR FRIES FOR A SIDE SALAD FOR AN EXTRA £1

CLUCK CLUCK ONES

THE BEST CLUCKING BURGER EVER.....£10.50

buttermilk chicken breast in a crispy sage, thyme and lemon batter, with smoked bacon, four cheeses, onion rings, iceberg, tomato, spiced ketchup and mayo.

LOVE YOU LONG TIME BURGER().....£9.95

a crisp coated chicken breast drenched in korean bbg sauce and topped with crispy bacon, grilled pineapple, feta, asian slaw and mayo.

BOMBAY SLUMDOG.....£9.50

indian chicken breast topped with bombay potato, onion rings, cucumber, carrot. poppudums. curry ketchup. mint yoghurt and iceberg.

THE OTHER ONES

PHISH FOOD.....£8.95

battered haddock tartare. ketchup & lceberg. simple but a classic.

GETTING VEGGIE WITH IT(V,N).....£8.95

our classic falafel burger topped with roast tomato and pepper. spiced chickpea. pickled onion. dukkah. spinach and a hummus dressing. messy but yummy.

NACHO LIBRE(v).....£9.50

a mexican crumbed mushroom topped with cheese, salsa, quacamole, soured cream. tortilla chips. jalapeno. onion rings and ice berg. a trashy meat free treat.

not here long

THE KOREAN FISH BURGER

Deep fried crisp battered smoked haddock, with spicy Korean sauce. lime mayo, asian slaw and shredded iceberg. Served with fries and cajun sweet corn. It just has to be eaten. doesn't it?

SWEET POTATO FRIES? + £1.00



ADD ANOTHER PATTY TO ANY

not a fan of that pesky gluten? ask for our full gluten free menu





EGG AND CHIPS(v).....£4.50

a classic that has been on our menu from the start.

BAKED HAM & EGGS......£7.95

home roast ham served with fries, bread and poached eggs.

FISH & CHIPS.....£11.25

battered haddock with homemade chips and chip shop mushy

ALL DAY BRUNCH.....£6.95

thick slice of sour dough toast. topped with 2 rashers of smoked bacon. two poached eggs. mushroom and grilled cherry tomato. served with a spiced ketchup

VEGGIE BRUNCH(v).....£6.95

slice of sour dough toast. topped with smashed avocado. grilled mushroom. spinach. grilled tomato. poached eggs and pesto

A RIT ON TH

sweet potato fries(v), homemade chips(v), fries(v), onion rings(v), steamed vegetables(v), spinach(v), pesto new potatoes(v). side salad(v) all £2.95





STEAKS

28 day aged, british farmed beef, served with homemade chips, grilled cherry tomato skewer & homemade onion rings.

100Z SIRLOIN....£20.95 100Z RUMP.....£16.95

RIBS AND COMBOS

all our ribs and combos are served with fries, onion rings and slaw

RACK OF RIBS.....£15.95

slow roast baby back ribs. marinated in our sweet sticky glaze.

RIBS & CLUCK.....£16.95

half rack of ribs, buttermilk chicken or 6 buttermilk wings, served with a cajun corn on the cob on the side.

RIBS & M00.....£17.95

half rack of ribs. 5oz rump steak and a cajun corn on the cob on the side.

why not add an extra to any of our steaks or ribs

cajun buttered corn on the cob(v) £2.50. half a rack of ribs £6.95. half portion of wings £3.75. 3 king prawn skewer £3.95. roast mushroom(v) £1.50 or a side salad(v) £2.75

PEPPERCORN SAUCE £1.95. BLUE CHEESE GRAVY £1.95

SWEET CHIPS AND DIP(v).....

doughnut fingers, dusted in sugar, with chocolate fudge sauce and vanilla ice cream on the side.

CARAMEL SHORT BREAD(v)......£5.95rich caramel and vanilla ice cream sandwiched between buttered shortbread crumb. served with berries & coulis.

lemon polenta cake with blueberry jam and raspberry ripple ice cream

BANOFFIE BROWNIE(V,N).....£5.95 warm chocolate brownie served with a salted caramel sauce. toffee popcorn and a banana and toffee ice cream...

HARROGATE ICE CREAM(v)......£4.95

three scoops of artisan ice cream from harrogate's very own vanilli's, with a flake for good measure. add chocolate or salted caramel sauce for 75p

the comfort pud

STICKY TOFFEE PUDDING(v).....£5.50

a true british classic. rich toffee sponge drenched in toffee sauce and served with local vanilla ice cream.