

GLUTEN FREE MENU

PLATO, JAMON & OLIVES

MEAT & CHEESE PLATO

Reserve Serrano ham, Iberico chorizo,
Iberico salchichon, Punch chorizo paté For 1 £10
Manchego, Cave aged blue, For 2 £18
Tomme de savoie, gluten free bread, For 4 £32
mixed pickles, honey & membrillo

BELLOTA JAMON...£10

Hand sliced premium cured ham, manchego
& celeriac slaw

OLIVES & MIXED PICKLES...£3.5

FROM THE LAND

MOROCCAN TAGINE...£7

Slow cooked spiced shoulder of lamb,
toasted almonds with gluten free bread

CHARGRILLED CHICKEN THIGH...£7

Red pepper salad, mango and mint dressing

CHORIZO LOLLIPOPS...£7

Quaver parmesan crumb & honey

PORK BELLY...£6.5

Spring onion & wholegrain mustard mash,
caramelised apple, crackling crumb

ONGLET STEAK...£8.5

Sautéed potatoes, red onion, blue cheese
alioli, crispy serrano ham

SEAFOOD

PRAWNS PIL PIL...£8

Tiger prawns, chilli, garlic, lemon and tomato

COD FRITTERS...£6.5

Mango, sweetcorn, chilli and lime salsa

GIN AND BEETROOT CURED SALMON...£7.5

Tonic and cucumber dressing

MACKEREL AND HORSERADISH PATÉ...£7.5

Grapes and gluten free bread

VEGETARIANO

CAULIFLOWER, CHICKPEA AND CARROT ESTOFADO...£6

Paprika crème fraiche

RED LENTIL & SWEET POTATO PATÉ...£6

Gluten free bread and grapes

AUBERGINE FRITTERS...£4.5

Maple syrup

MAHON, ROAST CHERRY TOMATO, RED PEPPER AND SPINACH TORTILLA...£6

BLUE CHEESE AND BEETROOT SALAD...£6.5

Candied walnuts and raspberry balsamic dressing

ARROZ

MEDITERRANEAN VEGETABLE PAELLA...£5

Mediterranean vegetables and saffron rice

FIESTA PAELLA...£7

Chicken, prawns, chorizo, clams, peas & med veg

GUARNICION

HOUSE SALAD...£3.5

Tomato, cucumber, peppers, pumpkin seeds & lemon
vinaigrette

PADRON PEPPERS*...£4

PATATAS BRAVAS*...£4

Spicy tomato sauce & alioli

SKIN ON FRIES*...£3

Saffron alioli

SWEET POTATO FRIES*...£4

Saffron Alioli

HALLOUMI FRIES*...£6

Harissa Alioli

PUNCH PATÉ...£7

Our own recipe paté with gluten free bread &
grapes

POSTRES

LEMON POSSET...£5

ICE CREAM/SORBET...£5

Please ask for our selection

QUESO ESPANA...£7

Selection of spanish cheeses, gluten free bread
& membrillo

ALL DISHES ARE PREPARED FREE FROM GLUTEN BUT ARE PREPARED IN A KITCHEN WHICH HANDLES GLUTEN. DISHES WITH A *
CARRY A HIGHER RISK OF CROSS CONTAMINATION DUE TO COOKING METHODS